This booklet was created by the Salvation Army for PA Department of Aging and Pennsylvania Emergency Management Agency as a part of the Mind Matters Program. Mind Matters is a monthly program series developed by the PA Department of Aging and WITF TV.

his book belongs to	 	

#### Instructions:

- Complete the Preparing Together Planning Tool in pencil to accommodate changes.
- Use the inside back cover, marked "Special Instructions/Notes" for additional writing space, or if needed tape or staple a blank sheet of paper.
- Place the Planning Tool on the refrigerator or a metal cabinet accessible to fire, police and EMT.
- For privacy purposes, place the Planning Tool horizontally so that the booklet remains dosed.

My Preparing Together contact person is:
Name Phone #
What will I do if he/she is not available

# Important Contacts (to be contacted in priority order)

#### **Household members**

Name	Relationship
Emergency contact # outside the home (_	
Name	Relationship
Emergency contact # outside the home (	
Notes & special instructions	
Out-of-household contacts (Relatives & fried	nds who should be notified during an emergency)
Name	Relationship
Emergency # ()	_ Distance from home miles
Name	_ Relationship
Emergency # ()	
Note: It is advisable to have contacts outside the	e area for evacuations during major disasters.
Pets and Service Animals	
Pets (Name/Type)	
Service animal (Name/Type)	
Service provided:	





# Medication

### Perscriptions

Name	_ Dosage	Taken x's/day
Prescribed by	for	
Name		
Prescribed by	tor	
Name	Dosage	Taken x's/day
Prescribed by	for	
Name	Danas	Takan u//day
Prescribed by	tor	
Name	_ Dosage	Taken x's/day
Prescribed by	for	
Name	_ Dosage	Taken x's/day
Prescribed by		





Name	Dosage	Taken	x's/day
Prescribed by	for		
Name	_ Dosage	Taken	x's/day
Prescribed by	for		
Name	_ Dosage	Taken	x's/day
Prescribed by	for		
<b>Note:</b> If at all possible, keep at least 7 days be forced to leave your home.	s of medication availa	ble to take with you,	should you
Medication Provider			
Allergies (list)			

# My **Emergency** Plan

### **Evacuation Planning**

Place your Preparing Together Planning Tool on your refrigerator or metal cabinet in easy sight. Take it with you during any emergency that requires you to leave your home. The information found here could be very helpful to you and to those who

want to assist you.
Where is the "meeting site" for members of the household to meet together?
Where is my "go kit" in the event I have to leave my home?
Note: See page 11 for a list of items to include in your "go kit".
Transportation Planning
If I need to go to a shelter, this information is important.
Who will take me to the shelter?
Driver's name
Phone # ()
Vehicle Plate number
What shelter will accommodate me best?

Note: Requires conversation with local emergency management

#### **Local Resources**

Local emergency providers for no	on-emergencies
Fire Department phone # ()	
Police phone # ()	
EMT/Ambulance phone # ()	
Best broadcasts for emergency in	formation:
Local Radio stations	
Local TV stations	
Emergency "Watch" & "Wamin" "Watch" means an incident is pos "Warning" means an emergency i	sible.
First Aid	
Where is my first aid kit located?	
ls it up to date and complete? [	Yes □No

For all emergencies, dial 911, or your local emergency number



## — Emergency **Supplies**

YOU MAY NEED TO SURVIVE on your own after an emergency. This means having your own food, water, and other supplies in sufficient quantity to last for at least three days. Local officials and relief workers will be on the scene after a disaster, but they cannot reach everyone immediately. You could get help in hours or it might take several days.

If you're ever in this situation, you'll need items for *sheltering in place*, and in case you need to be evacuated or travel outside your home during a disaster, always have a *go kit* ready containing the most crucial supplies.



### **Supplies for Sheltering In Place**

Non-electric can opener for food Food, at least a 3-day supply

Duct tape Chlorine bleach for cleaning

Water, 1 gallon per person per day Climate-appropriate clothing

& bedding

Cell phone with charger Energy snacks

Money—cash and coins Extra batteries

Personal hygiene items Flashlight and extra batteries

Medications—7-day supply First aid kit

Extra pair of eyeglasses Whistle to signal for help

Hearing aids and extra batteries N95 particulate respirator mask

Battery-powered or Local maps

hand-crank radio

Note: Place "Go Kit" items in a backpack or duffle bag for easy transport.

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