Are you ReadyPA?

Did you know?

81% Of young people think bullying online is easier to get away with than bullying in person.

19% Of teen users have posted things they regret, including photos, videos, status updates, tweets, or comments.

43% Of teens have been victims of Cyberbullying.

Know Your Terms: Cyber bullying

Cyber bullying can take many forms

Sending mean messages or threats to someone's email account or cell phone.

Spreading rumors online or through texts.

Posting hurtful or threatening messages on social networking sites or web pages.

Steeling someone's account information to break into their account and send damaging messages.

5 Cyber Safety Tips

ZIP IT
Keep your personal stuff private including the names of your family members, your school, your telephone number, and address. Turn off your GPS location services and your device's camera when not using them.

BLOCK IT
Be careful who you friend online. Just because someone with mutual friends wants to add you on a website or app doesn't mean they are trustworthy.

CHECK IT
Think twice before you post or say anything online. Only do or say things online that you would do or say in real life; once it is in cyberspace, it is out there forever.

FLAG IT
If you see something inappropriate, tell an adult you trust. Don't stand for bullying— online or off.

LOCK IT
Use strong passwords with 8 characters or more that also has numbers, letters, AND symbols. Use privacy settings on social networking sites.